FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
bligations may continue. See

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Kirk Spencer (Last) (First) (Middle) 2795 EAST COTTONWOOD PARKWAY SUITE 400 (Street) SALT LAKE CITY 84121					3. t 11.	2. Issuer Name and Ticker or Trading Symbol Extra Space Storage Inc. [EXR] 3. Date of Earliest Transaction (Month/Day/Year) 11/29/2016 4. If Amendment, Date of Original Filed (Month/Day/Year)								(Check X X	X Officer (give title below) Other (specify below) Chief Executive Officer Individual or Joint/Group Filing (Check Applicable ine)				plicable
(City) (State) (Zip)															Persor	l			
		Tal	ole I - N	lon-Deri	vativ	e Sec	urit	ies Ac	quire	d, Di	isposed o	f, or Be	nefic	cially	Owned				
Date				Date			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			Benefic		es ally Following	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D)	Price		Transac (Instr. 3	tion(s)			(111511.4)
Common Stock 11/29/2					2016)16			G	V	145,000	D	\$71	.565(4)	589	9,430		D	
Common Stock 12/05/2				2016	:016			M		75,000	A	\$15.07		664	664,430		D		
Common Stock 12/0				12/05/:	2016				S		20,000(1)	D	\$69	.4339	2,092,276			I	Krispen Family Holdings L.C. ⁽²⁾
Common Stock															123	123,215		I	The Kirk 101 Trust ⁽³⁾
			Table II								posed of, convertil				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Dee Execution if any (Month/i		4. Transaction Code (Instr. 8)				6. Date Exerc Expiration Day/N		ate	7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		D	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ow For Dir or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amo or Num of Shar	ber					
Stock Options	\$15.07	12/05/2016			M			75,000	09/06	/2011	09/06/2017	Common	75,0	000	\$15.07	232,71	5	D	

Explanation of Responses:

- 1. Sale occurred pursuant to a 10b5-1 plan entered into by Mr. Kirk on November 3, 2016.
- 2. The reporting person disclaims beneficial ownership in the common stock held by Krispen Family Holdings, L.C., except to the extent of his pecuniary interest therein.
- 3. The reporting person disclaims beneficial ownership in the common stock held by The Kirk 101 Trust, except to the extent of his pecuniary interest therein.
- $4. \ Closing \ stock \ price \ on \ November \ 29, \ 2016 \ was \ \$70.85. \ Average \ hi \ / \ low \ price \ for \ same \ day \ was \ \$71.565.$

Grace Kunde - attorney in fact 12/07/2016

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.